# It's Been Proven! If Your Neighborhood Is A Nice Place To Walk, People Will Walk More!

Do you have ideas about how to make your neighborhood more walkable, lively, and social? Be part of Living Streets Alliance's Neighborhood Walkability Assessment Program.

#### It's a fun way to explore these questions and more:

- How walkable is your neighborhood?
- Can you walk to common destinations?
- Are there shaded sidewalks for daytime trips and streetlights for nighttime strolls?
- · Can you safely cross major streets?



Living Streets Alliance (LSA) is working to create safe, comfortable, and attractive streets for everyone.





Walking has many benefits for our environment, our neighborhoods, our local businesses, and of course for our health. It can help prevent or treat diabetes, high blood pressure, depression, and cancer amongst other diseases, plus it's <u>FREE!</u>

Unfortunately, not every place is great for walking. Sidewalks, street trees, and calm traffic are just a few of the elements that make a pedestrian-friendly neighborhood... and people who live in these neighborhoods tend to walk MORE! Is your neighborhood walkable?



www.livingstreetsalliance.org

### What is a walkability assessment?

## Evaluation of the walking environment in a neighborhood with the purpose of:

- Investigating the current walking conditions
- Understanding the qualities of the neighborhood streets that may encourage or discourage walking
- Identifying improvements that can enhance walkability



### How would your neighborhood benefit?

- The Neighborhood Walkability
   Assessment will provide your
   neighborhood with a clear picture of current walking conditions.
- Your neighborhood will receive a report highlighting the major findings of the Walkability Assessment (gaps in the sidewalk network, preferred routes, etc.).
- This program will help your neighborhood begin to prioritize walkability improvements needed in your area (useful for future access to grant funding).
- We'll present the findings to your neighborhood and provide additional resources and tools to make your neighborhood a better place to walk.

### How does the program work?

#### There are two parts:

#### **1.** The Walkability Workshop:

- Learn more about what makes an area "walkable"
- Tell us about what would make your neighborhood a better place to walk
- Map your neighborhood destinations
- Get to know your neighbors and find out where they walk

#### 2. A Neighborhood Walk & Talk

- Explore your neighborhood streets with a walkability specialist
- Discuss what you see, ask questions, and think about solutions
- Identify potential pedestrian improvements
- Collect data on pedestrian safety and comfort.



# How do I get a Walkability Assessment scheduled in my neighborhood?

If your neighborhood is interested, please contact

Evren Sonmez evren@livingstreetsalliance.org (520) 440-9131